



Pulse

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♥ THE QUARTERLY NEWSLETTER ♥

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Heartbeat International Works to Strengthen Eastern Europe

By Nathan Burd

Director of International Program & Public Policy

Heartbeat International continuously strives to meet our mission of establishing effective life-affirming pregnancy centers all around the world. One region where these services are desperately needed is Eastern Europe. **Countries such as the Ukraine, Russia, Romania, and Bulgaria are all near the top of the list of worldwide abortion rates.** In many of these countries, below-replacement birth rates and negative population growth have become the norm. The population of the Ukraine, for example, has fallen by 4 million people since the early 1990's.

In an effort to reverse these trends, Heartbeat International and our friends at LIFE International are presenting *Compassion and Care*, a conference to train those working in life-affirming pregnancy center ministries in the Ukraine and Eastern Europe. **This conference will take place October 26-29 in the Ukrainian capital city of Kiev.**

Over the past several months, we have been blessed to receive conference planning assistance from a five member working group of pro-life leaders in the Ukraine. The working group—including Daniel Myaniskov, who has been involved with pro-life efforts in the Ukraine for several years—has been extremely helpful in coordinating communication between various contacts in preparation for the conference. Other members of the working group are Lena Batina, the director of a pregnancy center in Kharkov, Konstantyn Panteley, the Deacon of the Greek Catholic Church, and Genya Samborska, the director

of UCF "For Human Dignity." Genya helped us reserve the beautiful Puscha Ozerna conference complex and she is also assisting with various logistical details.

The final member of our working group is Philip Barnett, the pastor of the Christ Cathedral Church in Kiev, who began his ministry in the Ukraine nearly 13 years ago. **When Christ Cathedral was under construction, it was discovered that the site had been used as a large burial ground for aborted babies. A local hospital official shockingly estimated that nearly 200,000 aborted babies were buried**

at this location. Rather than removing the remains from the site, Pastor Barnett dedicated a corner of his church property as a memorial and resting place for these aborted children.

Dire economic circumstances throughout the region make it very difficult for people to travel and attend this conference. Because the need is so great, Heartbeat International is determined to provide financial scholarships to enable our Eastern European contacts to come to Kiev

to receive training and encouragement.

Will you prayerfully consider making a donation to our International Fund to help us provide for people to attend this event? With your help, Heartbeat International can equip Eastern European life-savers with the skills they need to shine a light of hope in their countries.

For more information about the International Fund or the Compassion and Care conference, please contact Nathan Burd at nburd@heartbeatinternational.org or go to our Web site.



One of the monthly meetings in Kiev to discuss the upcoming Compassion and Care conference.



Christ Cathedral Church is built over the graves of 200,000 aborted babies.



New Study Supports Abortion Breast Cancer Link

Many of us are aware of the connection between induced abortion and breast cancer because of the work of Dr. Joel Brind, who has written and lectured extensively on the subject. According to a Life News story on August 9, 2005, another study in Britain confirms this link.

A British researcher and statistician, Patrick Carroll, conducted research that reveals abortion is the best predictor of three breast cancer trends. Carroll noted that upper class women in Britain are more likely to have an abortion or to delay a first pregnancy, and this group has higher breast cancer rates. Variations in breast cancer rates can also be explained by differences in abortion rates. Breast cancer rates are greatest in the southeast (116 per 100,000) where abortion rates are higher. Breast cancer incidence is lowest in Ireland (97 per 100,000) where abortion is prohibited. Abortion was legalized in the U.K. in 1967, and breast cancer rates increased approximately 70% between 1971 and 2002 in Britain.

Karen Malec, President of the Coalition on Abortion/Breast Cancer says "Carroll's research is significant because he used national data reporting breast cancers and abortions." As a result, his analysis is free of any "recall bias" that abortion advocates allege in order to dispute prior studies on abortion and breast cancer. For more information see www.abortionbreastcancer.com.

Calling All People of Prayer

The Word of God says that the prayer of a righteous man is powerful and effective. Heartbeat is looking to increase our group of intercessory prayer partners. Because we are instructed to pray without ceasing, we need men and women, young and old, who are committed to taking Heartbeat and all of our efforts before the Lord in prayer. You will receive updates to keep you informed and guide you in your prayer times. If interested, please contact us at Prayer@heartbeatinternational.org.

Sexual Integrity in Belize

By Katy Flood

In July, I had the opportunity to provide training on the Sexual Integrity Program™ to the Helping Hands Pregnancy Counseling Center in Belize City, Belize. Belize is a beautiful country with beautiful people. My goal was to teach those in attendance God's design for our sexuality and to help them implement the Sexual Integrity Program™ at their center with their clients. I was welcomed with



Katy Flood (third from left) with volunteers from the Helping Hands Pregnancy Counseling Center

open arms by this little center that is all volunteer run. This center is in much need since pregnancy tests are very expensive there. As a result, their services only include options counseling and material assistance. Although it is illegal to have an abortion in Belize, the volunteers know that there are doctors who do provide them. These ladies give much of their time and energy making sure the women in

Belize have access to true reproductive health.

Keep them in your prayers as they continue to reach out to their community.



More Deaths Lead Father to Speak Against RU-486

Monty Patterson has endorsed Congressional legislation to pull RU-486 from the market while its safety is studied. His daughter, Holly Patterson, died in September of 2003 from an RU-486 abortion. "I feel strongly that this drug predisposes women to serious bacterial infections," Patterson said. "These are the reported problems, and I think there's a serious problem with underreporting in the United States," he said. "Doctors have to be vigilant in looking for signs and symptoms that result from taking this drug and reporting them to the manufacturer." In July 2005, Danco Laboratories admitted that five women had died after using RU-486.

New Affiliates. . . Welcome to new Heartbeat affiliates for the second quarter of 2005.

Open Arms Pregnancy Center • Fort Lupton, CO

The Caring House • Griffin, GA

The Atchison Pregnancy Help Center • Atchison, KS

Women's Center for Health, Hope & Healing • Mankato, MN

Parkland Pregnancy Resource Center • Farmington, MO

Lois' Lodge • Matthews, NC

Among Women • Winston-Salem, NC

Main Street Pregnancy Support • China Grove, NC

Lighthouse Pregnancy Resource Center • Jay, OK

Crisis Pregnancy Center of Grand Prairie • Grand Prairie, TX

Beacon of Hope Women's Support Center • Schertz, TX

Bedford Pregnancy Center • Bedford, VA

The Crossing • Newton, WI

Cornerstone Maternity Home • Charleston, WV

International Affiliates

Samika Counseling Centre • Jinja, UGANDA

Wholistic Caring and Counseling Centre • Ruiru, KENYA

Africa Cares for Life • SOUTH AFRICA

Helping Hands Pregnancy Counseling Center • Belize City, BELIZE

Life Care Center • Odessa, UKRAINE



Working to Renew the Culture Here and Abroad



Peggy Hartshorn (left) traveled to Holland to speak at a VBOK conference in honor of the retirement of Mirjam den Boer-Neele (right). VBOK (the Dutch Association for the Protection of the Unborn Child) has provided alternatives to abortion counseling throughout the Netherlands for over 30 years.



The Oasis for New Directors was recently held in Columbus, Ohio.



The Heartbeat Staff at the Oasis for New Directors. Not pictured: Thomas Minarik and Andrea Noll.



John Margand (far left), Director of Project REACH in New York with the staff of their new abstinence program (from left to right): Zalika Warren, Inez Peralta, Jerrilyn Montgomery, and Dollene McLemore.



Beth Diemert recently spoke at the Africa Cares for Life conference and spent time advising the national team, pictured here, headed by Gail Schreiner. Joining Beth was Anne Pierson, Heartbeat Board member.

At Heartbeat's Medical Clinic Symposium, (back row) Dr. Susan Cole, Beth Diemert, (front row left to right) Darlene Norberg (Focus on the Family), Julie Johnson and Kristen Hansen (Care Net), and Kim Conroy (Focus) conducted a panel on Expanding Medical Services.



MARK YOUR CALENDAR FOR THESE UPCOMING TRAININGS!

- ♥ **2005 OVERSEAS CONFERENCE**
October 26-29, 2005 • Kiev, Ukraine
- ♥ **HEARTBEAT INSTITUTE: FUNDRAISING**
November 7-11, 2005 • Columbus, Ohio
- ♥ **CONCERT REGISTRATION DATES**
November 1, 2005–January 1, 2006
Session I: January 15–May 6, 2006
- ♥ **2006 HEARTBEAT ANNUAL CONFERENCE**
May 17-20, 2006 • Orlando, Florida



Focus on an Affiliate

God Brings Pro-Life Awareness Out of Acts of Violence and Vandalism

By Pat Lassen

How many of our PRC's have been featured in hundreds of multi-media reports? How many have had their director and clients interviewed on CNN? The center we're featuring this time has experienced all of this, and more, according to Pamela Palumbo, Executive Director of Bowie Crofton Pregnancy Clinic, Bowie, MD 20716 (www.bowiecroftonpregnancyclinic.org, bcpci@erols.com).

Begun in 1982, BCPC had moved into its newly-remodeled clinic in late 2004 with a 3D/4D ultrasound machine. In the early morning hours of January 22, 2005, Pamela's phone rang. The clinic had been vandalized, with windows smashed and graffiti everywhere. A concrete planter had been thrown through one of the front windows, and the words "womyn haters," "liars," "choice," and the anarchy symbol of the letter A with a circle around it, had been spray-painted on the brick walls, windows, and sidewalks.

Getting the mess cleaned up so the clinic could open on time was the challenge of the day. Police and the mayor had a lot to say about the sort of people who would do such a thing, and the city council offered a reward of \$2,500 for information leading to the arrest and conviction of the responsible parties. It was noted that other pro-life organizations in Bowie and Rockville had also recently suffered vandalism.

BCPC opened as usual. Little did Pamela realize that doors were about to open for the pro-life message, beginning immediately. She found herself in demand for interviews on TV and radio, and in newspapers and magazines. Trusting God to fill her mouth with His message, she responded gladly to the requests, and found that word of what had happened to BCPC soon spread across the country.

AOL's front page featured the pro-life movement's use of ultrasound for 24 hours. *The New York Times* did a large feature on February 2. CNN interviewed Pamela and one of BCPC's abortion-minded clients who had chosen to give birth to her baby after seeing a free ultrasound. In April, *World Magazine* did a feature on ultrasound, telling the story of one of BCPC's clients.

People began to respond, and many donated funds to help provide pregnancy centers with ultrasound machines and training. One couple sent a donation of \$2 million to Focus on the Family's Option Ultrasound™ Program because of *The New York Times* article!

E-mails flooded in, some wishing ultrasound had been available before a regretted abortion, others congratulating the pro-life movement on making ultrasound available. Some came from people who had considered themselves pro-choice until they had learned what an ultrasound shows.

Grace Baptist Church, already heavily supporting BCPC, started giving even more, with the goal of paying off the mortgage this year. When this happens, an additional \$1,500 per month will be

available for client services, helping to fund a new clinic in Anne Arundel County. Six qualified volunteer counselors are ready, and the original 2D ultrasound machine will be put to work there. The center will be located as close as possible to an abortuary, to impact the lives of abortion-minded women and the people who work at that abortion clinic.

God truly brought good out of evil!



Front row (left to right): Amanda Adriaanse, Sharon Greenip M.Ed., Gail Tierney M.A., Board President.
Back row (left to right): Marsha Pasewark, Nancy Singleton R.N., Brenda Ulman, Pamela Palumbo, Executive Director, and Jennifer Brinker LCSW-C.
Staff not pictured: Deirdre Randol, Cathy Reilly, R.N., Sheila Zada, and Christi Siwak.



News from Affiliates



Although we generally mention Directors' names in the News From Affiliates section, Heartbeat would like to recognize all affiliate staff, Board members, and volunteers for their hard work and dedication, which, although unmentioned, is seen by God and all who benefit from your tireless labor.

HURRICANE KATRINA – We have been unable to reach some of our affiliates in the hardest hit areas. The following information is current as of September 9, 2005.

CPC of South Central Mississippi, Laurel, MS. Claudia Meyers, Director. The center had ceiling damage and was not open. The landlord intends to repair the damage but no timetable has been established. Claudia and her family have been working at their church helping people who need assistance. Baby items are in good supply but non-perishable goods are in high demand.

Pregnancy Resources of Mississippi, Ocean Springs, MS. Rachel Nilsen, Chair. Heartbeat staff reached Rachel at home. She said the center lost its roof and the landlord plans to replace it but she was unsure when the center would reopen. She was unable to reach her staff but had discovered that some of the Board members had minor damage to their homes. She will keep Heartbeat apprised of their needs after the center reopens. *(Update: The center has been significantly damaged by water and mold.)*

TO BE – Help for Pregnant Women, Fairhope, AL. Sonja Brueck, Director. Their center was not harmed, although some of the staff lost their homes. They are helping a great number of evacuees and are in need of diapers and formula. They can be contacted at 251-928-8661 or at tobehelp@bellsouth.net.

A Woman's Choice PRC, Houma, LA. Kim Evans, Director. This brand new center hasn't officially opened yet, and it is now more important than ever that the center comes to fruition. Although the hurricane miraculously spared their town, located about 40 miles southwest of New Orleans, they are overwhelmed with evacuees needing help. Financial support is needed to open the pregnancy center.

For a listing of centers that are offering support to the victims of Hurricane Katrina, please go to our Web site.

Heartbeat Promotes Relief Fund

Heartbeat International has set up a Hurricane Relief Fund to assist centers that have been affected by Hurricane Katrina. To contribute to Heartbeat's Hurricane Relief fund, call us at 888-550-7577 to contribute by credit card, send a check to 665 E. Dublin-Granville Rd., Suite 440, Columbus, OH 43229 (please specify "Hurricane Relief" in the memo line), or go to our Web site: www.heartbeatinternational.org.

For Your Reflection

by Peggy Hartshorn

As I write, we are still trying to determine the extent of the damage to the pregnancy centers in the Louisiana, Mississippi, and Alabama areas, devastated by Hurricane Katrina. According to FEMA's Disaster Declaration as of August 29, 2005, 125 counties have been declared disaster areas, and there are 67 centers in those counties. Such a time calls out for our faith, hope, and charity.

Death and life – we have heard stories of both in the chaos of Hurricane Katrina. Not surprisingly, there appeared to be special sympathy and efforts directed to babies. One of our LifeSavers in New Jersey called my attention to the wonderful story in *The New York Times* of the evacuation of 121 babies, nearly all premature newborns from hospitals in Orleans and Jefferson Parishes.

At University Hospital in New Orleans, where the most fragile newborns were, doctors described dire conditions with “no electricity, no ability to do laboratory work or x-rays, which is very important for premature babies because we have to verify that IV catheters and endotracheal tubes are placed correctly.”

After many phone calls, with doctors and others “navigating a maze of bureaucracy,” “big green” helicopters finally airlifted the babies. Despite the disarray, the doctor in charge was not aware of any deaths of infants or pregnant women associated with the evacuations!

The smallest baby saved was born 11 weeks premature, two days before the hurricane hit. She arrived in a Baton Rouge hospital three days later, her mother placed in a shelter nearby. According to the newspaper account, she was so tiny that “her head fits into the palm of a nurse's hand.”

We thank the Lord for all the lives saved in the catastrophe of Hurricane Katrina, and especially for the treasuring of life demonstrated by the mothers, doctors, nurses, and rescue workers in the story of these premature newborns. Isn't it ironic, even mind-boggling, that the same medical profession that saved these babies is involved in the killing of nearly 4,000 babies every day in the United States by abortion?

We pray unceasingly that our culture will someday come again to respect ALL human life, born and unborn, and we work tirelessly for that day while reaching out to save every mother and baby that the Lord sends to us.



Resources • Resources • Resources

2005 Ultrasound Training

The Institute in Limited Obstetrical Ultrasound for 2005 will be held on November 3-5 in Torrance, CA and December 1-3 in Atlanta, GA. For more information, contact NIFLA at 540-785-9853.

Post-Abortion Outreach

This training program features Sydna Massé, President of Ramah International. The professionally produced two DVD set contains detailed training on post-abortion outreach ministry utilizing any Bible study program. Package also includes a copy of *Her Choice to Heal*, booklets, and a daily devotional. For more information call 941-473-2188 or visit www.ramahinternational.org.

Leadership Conference

Rachel's Vineyard will be holding its annual National Leadership Conference at San Damiano Retreat in Danville, CA, November 13-18, 2005. The conference is open to those involved in post-abortion ministry or pastoral care, licensed mental health and medical professionals, spiritual directors, and retreat leaders. For more information, visit www.rachelsvineyard.org/training/conferences/2005_conference.htm.

Resources for 20-somethings

You may want to tell friends, children, and clients in their 20's about Boundless.org, a weekly Web magazine and E-newsletter. Originally launched in 1998 to engage the hearts and minds of college students, Boundless' new expanded mission is to provide young adults with practical advice and resources as they approach the marriage and parenting life stages. Boundless.org features stories, columns and reviews from a Christian perspective. Go to www.boundless.org to sign up.

Real Stories Needed

A client of one of our affiliates is now a published author and she is looking for stories about women who have gone through an unexpected pregnancy and chosen life for their babies. Her child grew up to be a U.S. Marine, and she would like personal testimonies from others for a book that she is compiling. For more information, contact Diana Mylek at DianaMylek@aol.com or at 75 Mt. Vernon, Waterville, OH 43566.

Job Postings

For a more complete description of these positions and to see more postings, go to our Web site at www.heartbeatinternational.org. If you are hiring, you may also want to consider advertising the position at www.ChristianCareerCenter.org and www.conservativejobs.com. Don't forget to send the information by fax to your donor churches, too!

A Woman's Choice: A Medical Program for Women, Lakeland, FL: Executive Director. Contact Diane Smith at 1231 E. Orange Street, Lakeland, FL 33801, by phone at 863-683-2341, or by e-mail at ANCPC@Verizon.net.

A Woman's Place Ministries, Tampa, FL: Client Services Program Manager and a Receptionist. Fax resumes to Patricia Layton at 813-514-0833 or by e-mail at playton@awpm.net.

The L.I.F.E. Center, Wabash, IN: Executive Director. Call center for details at 260-563-7275.

The Greater Baltimore Crisis Pregnancy Center, Baltimore, MD: Executive Director. Call 410-243-6699 or e-mail Al at gbcpcexecdir@verizon.net for further information.

The New Life Women's Center of Aurora, MO: House parents or a House mother. Please e-mail Lifecare@mo-net.com or call Ken Kuschel at 417-846-6074 for more details.

First Choice Pregnancy Services of Las Vegas, NV: Executive Director. Contact Olaf Vancura at 702-494-8229 or via their Web site, www.firstchoicelv.org.

The Open Gate Pregnancy Care Center of West Jefferson, OH: part-time Director. Please call 614-879-2100 or e-mail ogpcc@sbcglobal.net.

Tender Care Pregnancy Centers of Hanover & Gettysburg, PA: Nurse Manager. Please call Michele at 717-633-9685 or e-mail arison@hotmail.com.

Crisis Pregnancy Center of the Roanoke Valley, Inc., Roanoke, VA: part-time Center Director. Contact Brooke McGlothlin, Brooke@cpcroanoke.org or Tom Clark, tom@cpcroanoke.org, or call 540-362-3007.

Meet our Team!

Debra Neybert, Training Specialist



Heartbeat is pleased to welcome Debra Neybert as our full-time Training Specialist. Debra holds a master's degree in Pastoral Psychology and Counseling and has been involved in pro-life work since 1988. She began as a pregnancy center volunteer in Mansfield, Ohio, and then was hired as the Education Coordinator. Deb also worked as a group co-facilitator for women who were sexually abused.

In 1996 Debra joined the staff at Pregnancy Decision Health Centers in Columbus, Ohio. During her time at PDHC she was responsible for the oversight of all programs and services, including six client offices and a 24-hour hotline.

Debra will be traveling on-site to provide training and consultation for affiliates. She will also administer and serve as an instructor for the ConCert Program, our 16-week distance learning course.

