

# The Effects of Oral Contraceptives on Women

**Brand:** Heartbeat Academy  
**Product Code:** 182



**Price:** \$19.95

## Short Description

This training offers one (1) contact hour for nurses who meet all requirements. *Provider approved by the California Board of Registered Nursing, Provider Number CEP 16061 for one contact hours.*

## Description

*Presented by Leontine Bakermans, PharmD*

Take a look at how hormonal contraception can act against women. When artificial hormones are introduced to change how a regular menstrual cycle works, there are side-effects, especially for adolescent girls. Emergency contraception and chemical abortion pills will also be discussed. Explore the details of how hormonal contraceptives, emergency contraception, and the abortion pill work to see what dangers any woman considering these options should know.

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## Objectives & Outline

Upon completion of this course the nurse will be able to:

1. Explain how the regular menstruation cycle works
2. Identify how artificial hormones intervene in this cycle
3. State what the side-effects of this treatment are especially for adolescent girls
4. Explain the mechanism of action of the morning after pill
5. Discuss the abortion pill, how it works and why it shouldn't be provided if there is no medical supervision

Course Outline:

1. The anti conception pill

1. What is it
2. How does it work
3. Side-effects
4. Psychological effects
5. Environment

1. Alternatives

1. NFP
2. Temperature
3. Cervical mucus
4. Calendar
5. Sensiplan training

1. Morning after pill

1. Plan B
2. EllaOne

1. Abortion pill
2. Abortion pill reversal

## **Refund Policy**

1. Refunds for non-attendance will only be awarded if non-attendance is the direct result of an unplanned or unannounced outage. When a registrant is unable to access a webinar/course due to an unplanned or unannounced server outage of Heartbeat International Academy, the HeartbeatInternational.org website, or HeartbeatServices.org website, Heartbeat International will contact the registrant to notify them of the refund due them and issue the refund. Refund will be made to the registrant within 1 week of the cancelled event subject to processing fees.

2. When a course/webinar is cancelled for which individuals have registered, Heartbeat International will send a notification to each registrant per email or phone. Full refund will be sent to registrant within one week of cancellation.