## Healthy Pregnancy

**Brand:** Heartbeat Academy

**Product Code: 931** 

**Price: \$12.95** 

## **Short Description**

1 hr recorded webinar.

This training offers 1.0 contact hours for nurses who meet all requirements. Heartbeat International is an approved provider through the California Board of Nursing, Provider Number 16061.

Presented by Leann Clink BSN, RN, SRAS

## **Description**

Help your clients have a healthy pregnancy from their first visit to your center through the postpartum phase! Leann will discuss each trimester and what your client can focus on to keep her and baby healthy throughout the entire pregnancy. From doctor visits, nutritional requirements, and exercise to postpartum emotional and physical care, you'll learn what you can do to walk through this journey with each new mom. Local and state resources will also be discussed for follow-up care and support.

This training offers 1.0 contact hours for nurses who meet all requirements. Heartbeat International is an approved provider through the California Board of Nursing, Provider Number 16061.

Presented by Leann Clink BSN, RN, SRAS

Course published in 2024