

Cultivate Resilience and Beat the Burnout

Brand: Heartbeat Academy
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Price: \$14.95

Short Description

This workshop equips leaders with practical strategies to cultivate resilience, enabling them to effectively combat burnout and maintain their well-being. Participants will learn actionable tools to not only survive but thrive in the face of challenges, fostering sustained success in their leadership roles.

Presented by Jacqueline Heider

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